

## Infants Menu

## 0 TO 5 MONTHS

FORMULA OR BREAST MILK

## 6 TO 11 MONTHS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKF	*Formula/	*Formula/	*Formula/	*Formula/	*Formula/
	Breast Milk	Breast Milk	Breast Milk	Breast Milk	Breast Milk
AST	*Rice Cereal	*Oatmeal	* Rice Cereal	* Oatmeal	* Rice Cereal
	*Apples	Cereal	*PEARS	Cereal	*APPLES
		*Bananas		*Bananas	
LUNCH	*Formula/	*Formula/	*Formula/	*Formula/	*Formula/
	Breast Milk	Breast Milk	Breast Milk	Breast Milk	Breast Milk
	*CARROTS	*GREENBEANS	*SQUASH	*PEAS	*SWEET
	*CHICKEN/	*BEEF OR	*CHICKEN/	*BEEF OR	POTATOES
	TURKEY OR	CEREAL	TURKEY OR	CEREAL	*CHICKEN/
	CEREAL		CEREAL		TURKEY OR
					CEREAL
SNACK	*Formula/	*Formula/	*Formula/	*Formula/	*Formula/
	Breast Milk	Breast Milk	Breast Milk	Breast Milk	Breast Milk
	*Fruit or	*Fruit or	*Fruit or	*Fruit or	*Fruit or
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
	&	&	&	&	&
	Bread	Bread Products	Bread Products	Bread	Bread
	Products	(CRACKERS/CEREALOR BREAD)	(CRACKERS/CEREALOR BREAD)	Products	Products
	(CRACKERS/CEREAL OR BREAD)	BALAD)	BALAD)	(CRACKERS/CEREALO R BREAD)	(CRACKERS/CEREALOR BREAD)

## 12 MONTHS SCHOOL LUNCH