

<u>Infant Menu</u>

0 TO 5 MONTHS

FORMULA OR BREAST MILK

6 TO 11 MONTHS

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|-------------------------------|------------------------------|------------------------------|-------------------------------|------------------------------|
| BREAKF | *Formula/ | *Formula/ | *Formula/ | *Formula/ | *Formula/ |
| | Breast Milk | Breast Milk | Breast Milk | Breast Milk | Breast Milk |
| AST | *Rice Cereal | *Oatmeal | * Rice Cereal | * Oatmeal | * Rice Cereal |
| | *Apples | Cereal | *PEARS | Cereal | *APPLES |
| | | *Bananas | | *Bananas | |
| LUNCH | *Formula/ | *Formula/ | *Formula/ | *Formula/ | *Formula/ |
| | Breast Milk | Breast Milk | Breast Milk | Breast Milk | Breast Milk |
| | *CARROTS | *GREENBEANS | *SQUASH | *PEAS | *SWEET |
| | *CHICKEN/ | *BEEF OR | *CHICKEN/ | *BEEF OR | POTATOES |
| | TURKEY OR | CEREAL | TURKEY OR | CEREAL | *CHICKEN/ |
| | CEREAL | | CEREAL | | TURKEY OR |
| | | | | | CEREAL |
| | | | | | |
| SNACK | *Formula/ | *Formula/ | *Formula/ | *Formula/ | *Formula/ |
| | Breast Milk | Breast Milk | Breast Milk | Breast Milk | Breast Milk |
| | *Fruit or | *Fruit or | *Fruit or | *Fruit or | *Fruit or |
| | Vegetable | Vegetable | Vegetable | Vegetable | Vegetable |
| | & | & | & | & | & |
| | Bread | Bread Products | Bread Products | Bread | Bread |
| | Products | (CRACKERS/CEREALOR BREAD) | (CRACKERS/CEREALOR BREAD) | Products | Products |
| | (CRACKERS/CEREAL OR BREAD) | 5 | 5, | (CRACKERS/CEREALO R BREAD) | (CRACKERS/CEREALOR BREAD) |
| | | | | | |

12 MONTHS SCHOOL LUNCH